

Be Aware Be Safe!

As a dialysis patient you can play an important role in your own safety. Form a safety partnership with your caregivers – it benefits you and it benefits your provider.

Ask Questions
Watch Your Treatments
Alert Staff to Problems
React Quickly and Calmly
Educate Yourself



Ways you can be aware of safety

Medications – Know what kinds of medicine you take and know about your dialysis prescription.



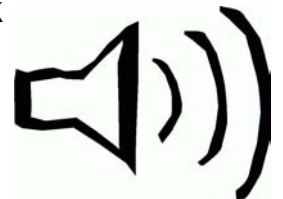
Access – Protect your arm (or where your access is).



Diet – Know what foods are good and safe for you to have. Know how much fluid is safe.



Advocacy – Speak up for yourself or ask your Social Worker to help you.



Information is provided by the **Patient Advisory Committee (PAC)**, a group of patients and patient's family members just like you! PAC members offer suggestions and give the patient's perspective to the Network.



ESRD Network of New England
A Medicare agency serving kidney patients in
CT, MA, ME, NH, RI & VT

