

# Be Aware Be Safe!

As a dialysis patient you can play an important role in your own safety. Form a safety partnership with your caregivers – it benefits you and it benefits your provider.

**A**sk Questions  
**W**atch Your Treatments  
**A**lert Staff to Problems  
**R**eact Quickly and Calmly  
**E**ducate Yourself



## Ways you can be aware of safety

**Medications** – Know what kinds of medicine you take and know about your dialysis prescription.



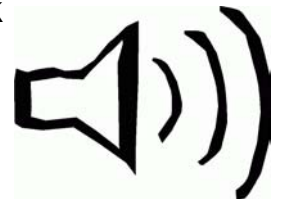
**Access** – Protect your arm (or where your access is).



**Diet** – Know what foods are good and safe for you to have. Know how much fluid is safe.



**Advocacy** – Speak up for yourself or ask your Social Worker to help you.



Information is provided by the **Patient Advisory Committee (PAC)**, a group of patients and patient's family members just like you! PAC members offer suggestions and give the patient's perspective to the Network.



**ESRD Network of New England**  
A Medicare agency serving kidney patients in  
CT, MA, ME, NH, RI & VT

